

IMPORTANT FOR YOUR OWN SAFETY

THE INSTRUCTIONS SHOULD BE FOLLOWED OR YOUR PROCEDURE WILL BE RESCHEDULED!

ITEM YOU WILL NEED TO PICK UP FROM THE PHARMACY:

- Suprep Colonoscopy prep
- Erythromycin 250mg 1 tablet
- Reglan 10 mg 1 tablet - (to be taken at your appointment)

5 DAYS PRIOR TO YOUR PROCEDURE

STOP THE FOLLOWING:

- Oil capsules & Iron supplements (Ferrous Sulfate)

MEDICATIONS YOU ARE REQUIRED TO TAKE

- Medications for diabetes (oral or injection) - take half the usual dose the day before the procedure.
Omit Diabetes medication day of procedure.
- Heart, blood pressure, seizure, asthma medications must be taken by 5 am the day of your capsule test with a sip (less than 1 oz) of clear liquid . If you do not take your medication prior to 5 am, please wait until 12:30pm the day of the test.

PROCEDURE PREPARATION

1 DAY PRIOR TO YOUR PROCEDURE:

CLEAR LIQUIDS ONLY – NO SOLID FOODS

- At 5:00pm the night before the procedure, complete steps 1 through 4
 1. Pour one bottle of 6 ounces of **SUPREP** liquid into the mixing container.
 2. Add cold drinking water to the 16-ounce line on the container and mix.
 3. Drink **ALL** the liquid in the container.
 4. Fill 16 ounce cup up 2 more times with water and drink them down also.
- At 9pm on the evening before your procedure repeat steps 1 through 4 using the remaining bottle of **SUPREP**
- Erythromycin – Take 1 Erythromycin table (from the pharmacy) at the end of your prep.
- **PLEASE NOTIFY OUR OFFICE IF THERE HAS BEEN A CHANGE IN YOUR HEALTH OR MEDICATIONS SINCE SCHEDULING PROCEDURE.**

Nothing by mouth after **MIDNIGHT**, the night before your procedure

- Reglan 10mg 1 tablet – (Bring with you to your appointment)

OVER

APPROVED CLEAR LIQUIDS:

- Juices without pulp (Apple, grape, Blueberry, etc.)
- Coffee or tea (without milk or non-dairy creamer, sugar is OK).
- Jell-o (no red Jell-o)
- Stock clear or broth (beef or chicken meat).
- Sports drinks (Gatorade, Powerade, etc.).
- Kool-Aid
- Soft drinks (products all Pepsi and Coca cola).
- Pallets
- Water

ALCOHOLIC BEVERAGES ARE DISCOURAGED!